


HUMPHRIS OXFORD LTD
NISSAN MICRA COMPETITION PARTS




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Important customer notice





Over the years we have built up a comprehensive stock of competition and fast road parts for the Nissan K11 Micra. If you are starting out building a rally car or modifying a fast road Micra and you are not sure on which parts you need please do not hesitate to call me. I will be more than happy to just talk about the different products and offer advice.

<u>PARTS DESCRIPTION</u> 29.04.2012	<u>NOTES</u>	<u>PRICE PLUS VAT</u>	<u>PICTURES</u>
Main Suspension		Main Suspension	
Bilstein Front Damper With Gravel & Tarmac Camber setting Priced each	These are the best Front dampers for serious rallying on either gravel or tarmac As used by Nissan Motorsport Europe on the Micra Challenge and works cars	345.47	
Bilstein Rear Damper Priced each	As used by Nissan Motorsport Europe on the Micra Challenge and works cars	137.50	
Front Main Spring	As used by Nissan Motorsport Europe on the Micra Challenge and works cars	62.50	


<p>Tender Spring + Spacer each</p>	<p>As used by Nissan Motorsport Europe on the Micra Challenge and works cars</p>	<p>54.50</p>	
<p>HOL Rear Spring Forest Spec Priced each</p>		<p>41.85</p>	
<p>HOL Rear Spring Tarmac Spec Priced each</p>	<p>Drop 50mm 60 mm 80 mm</p>	<p>All 41.85</p>	
<p>Rear Spring Spacer 15mm</p>		<p>12.50</p>	
<p>Complete Rose Joint Top mount with Spring Cap for Bilstein Dampers Spares Available Spare replacement top mount Spare replacement bearing etc</p>		<p>135.24 POA POA</p>	
<p>Micra Challenge Bilstein Suspension Kits with Springs Complete</p>		<p>Please ring to discuss Your requirements</p>	

Bilstein service exchange units		P.O.A	
Bilstein replacement Camber Shims	Std Hole + 1mm Hole Blanks	11.19 each	
C Spanners	Professional Spanners for Adjusting ride height	18.88	
Locking ring and Spring seat for front damper tubes 59mm 2 ¼	Spares (include with dampers)	34.40	
Top Spring Seats Steel	To go with rose jointed top mount	21.75	
Steel Replacement Top Mount Bearings for Std Mounting. HB 67638	These replace the standard plastic top mount bearing which just breaks up.	67.60	
SPAX Sports Fixed Spring Gas Damper Kits	K10 MICRA	170.83	K10 MICRA
Lowering suspension Kits (4 springs)	K10 MICRA Lowers car by approx 35mm	111.36	K10 MICRA
HOL K11 MICRA Lowering Kit (4 springs)	Lowers car by approx 50 or 60mm These springs are rare as most kits only lower by 30 – 35mm	50mm kit 159.95 Or 60mm kit 159.95	
Fast Road / Clubman Spec SPAX Sports Suspension kit As used on the BTRDA Micra above		569.09	

SPAX K11 Lowering suspension Kits (4 springs)	Lowers car by approx 35mm	122.50	
SPAX Sports Fixed Spring Gas Damper Kits	K11 MICRA	256.93	
SPAX Fixed Platform Adjustable Damper Kit	K11 MICRA	359.71 + Free Camber bolt kit Worth 25.12	4 Dampers The next best dampers to the Coilover Kit
SPAX Double Adjustable Competition Damper Front Damper only Rear Damper only		From 308.48 Each 274.62 Each	Can use either Std Top mounts or a Rose Jointed Top mount Can be used as a Coilover or Std Damper set up
SPAX Adjustable Competition / Performance . Coil Over Front Dampers. and Springs		501.00 a pair Including springs	These offer excellent value for money and are hard to beat at this price. We can also service and repair these.
SPAX Adjustable Performance Dampers Kits. Coil Over Fronts with springs front & Rear + Large Bore Rear Dampers Ideal as a budget competition suspension Set up.	Front Dampers have adjustable camber. Choice of rear spring for drop 20 mm 50 mm or 60mm 80mm drop ask for details	770.49 Parts can be supplied separately. Ring for prices. Ideal for road rallying or single venue events	
SPAX Adjustable Performance Dampers Kits Coil Over Fronts and rears. Ideal as a budget competition suspension Set up.	Front Dampers have adjustable camber	815.77 Parts can be supplied separately. Ring for prices. Ideal for road rallying or single venue events	






SPAX Adjustable Rear Dampers Small Bore casing	Come as a pair	160.79	
SPAX Large Competition Adjustable Rear Dampers	Come as a pair	187.14	These are the same size as the coil over dampers
SPAX Coil Over competition rear Dampers and Springs	Come as a pair	314.77	
Proflex Suspension & Springs		P.O.A.	
Top Strut Brace	Whiteline OMP	129.50 65.00 (Picture shows Whiteline strut brace)	
Off Car Adjust Panhard rods On Car Adjust Panhard rods		87.21 144.64	
Whiteline Up rated front anti roll bar	BNF30 22MM Dia	105.12	
Whiteline Up rated adjustable rear anti roll bars	BNR29Z 20MM	130.66	

Whiteline Up rated adjustable rear anti roll bars	BNR29XZ 22MM	130.66	
Lower Adj Trailing Arms		149.95 each	
Traction Caster Kit		73.25 a pair	
Camber Bolt Kit		25.12 a pair	
Whiteline Rose Jointed Adjustable Rear Anti Roll Bar Links Recommend for above	KLC049 Come as a pair	85.38 a pair	
Kit Car Front Anti roll Bars 19mm or 3/4" 25.4mm or 1"		295.00 each	
Kit Car Front Wishbones		625.00 each	
Competition Suspension Bushes Front / Rear	<u>NOTES</u>	Suspension Bushes Front / Rear	
Fr Wishbone. Front Bush.		28.00 each	
Fr Wishbone. Rear Bush.		39.76 each	
Top Suspension Mounts Bush.		24.50 each	
Complete Front Anti Roll Bar bush Kit Inc outer link bars & bushes		156.50	




Front Anti Roll Bar Outer Link bush Set (8)		28.00 each	
Front Anti Roll Bar Main Bush		23.73 each	
Panhard Rod Bush. Body		13.38 each	
Panhard Rod Bush Axle		13.38 each	
Upper Link Bush Axle		25.50 each	
Upper & Lower Link Bush Body		22.40 each	
Lower Link Bush Axle		22.40 each	
Rear Anti Roll Bar bush		22.40 each	
Steering	<u>NOTES</u>	Steering	
Modified Steering arms Wide track Micra		228.00 Pair	
Competition Steering Rack Bushes Power steering and Non Power Steering	'31' '47' 'D'	25.43 each	
SPARCO Black Suede Comp Steering Wheel	350mm OD 90mm Disch	163.80	

SPARCO Steering wheel boss	92>95 96>2003	48.99	
Competition Engine Mounting Bushes	<u>NOTES</u>	Engine Mounting Bushes	
Engine & Gear Box Side Mounting Bush		29.40 each	
Engine Mounting Rear		22.40	
Solid Modified Front Engine Mounting		25.10	
Engine parts	<u>NOTES</u>	Engine parts	
Genuine Nissan Engine rebuild gasket kits	CGA3 CG10 / 13	From 196.53 166.33	Humphris are an Authorised Nissan Service Centre All Genuine Nissan Parts Available
Genuine Nissan Standard Piston Rings	CG10 / 13	From 91.16 Set	
Genuine Nissan Rocker Cover Gasket		8.51	
Genuine Nissan Exhaust Manifold Gasket		8.82 each Will need 2	
Genuine Nissan Sump Seal Kit		43.26	
Genuine Nissan Head Gaskets	CG10 / CG13	60.03	
Genuine Nissan Head Gasket	CGA3	36.53	
All Other Seals and Gaskets		Ring for prices	

Inlet Manifold For Throttle Bodies		195.00	
Jenvey Throttle Body Kit Including Injectors		1219.00	Does not include air box
Group A Rally Cams 773 Spec	CG10, CG13 And CGA3 Eng	418.75 a pair These are new cams and NOT Exchange	
Semi Machined Blank Cams		350.00 Pair	
Re profiled Cams		From 300.00	
Competition Forged Pistons	CG10 CG13 Block	131.25 each (inc rings)	
Competition Forged Pistons	CGA3 Block 1348cc Micra	131.25 each (incl rings)	
Professionally Modified Gas flowed Cylinder Heads	Ring to discuss Exchange or Out Right Purchase. With or Without Cams	P.O.A.	
Light Weight One piece Special FlyWheel		265.95	
NGK Spark Plugs	BKR7E-11	3.73 each	

Magnecor Competition Plug Leads	45210CN	71.09	
Denso Iridium Plugs VK22		12.50 each	
Group A Competition Air Box Kit. Includes Air Filter Rocker Breather Filter and Cleaning Fluid.		275.00	
Competition Air Filter Gp A Air Box		44.00	
Air Box for Throttle Bodies		295.00	
O/E Nissan Fuel Pump		169.86	
Uprated Fuel Pump Direct Replacement		94.08	
Genuine Nismo Adjustable Fuel Pressure Regulator		242.25	
Adjustable Fuel Pressure Regulator, Gauge And Fuel Rail Adapter		121.24	
Steel Braided Fuel Hose Kit and Clips		215.81	7 Metres Hose 8 clips

Green Cotton Air Filter 1.6 Primera Air Box		42.16	
Green Cotton Air Filter	Std Air Box	34.08	
Green Cotton Crankcase Breathers		16.66	
Green Cotton 500ml Cleaning fluid / Oil		9.25	
Induction Kit with cold air feed & crank case breather filter		74.86	
Green Cotton NanoStorm Induction Kit with Cold Air Feed		81.64	
Oil Cooler Kits	10 Row	213.37	
NME Spec Competition Alloy Radiators Group A		534.00	
Clubman Spec Competition Radiator Exchange	50.00 surcharge Exchange MUST BE 51MM HEADERS	195.00	

SFS Performance Silicone Engine Breather Hoses	15-SP703 15-SP704 All in Blue or Red	16.99 19.61	
SFS Performance Silicone Cooling Hoses		SFS Performance Silicone Cooling Hoses	
SFS Performance Silicone Cooling Hoses	Top Hose 01.SP688.01	20.63	
All in Blue or Red	Bottom Hose 01.SP688.2	27.23	
	Heater Hose 1 01.SP688.3	30.00	
	Heater Hose 2 01.SP688.4	30.00	
	Coolant Bypass Hose 01.SP688.5	12.75	
	Coolant Hose on Manifold 01.SP688.6	11.25	
	Coolant Hose on Manifold 01.SP688.7	5.25	
XHT High Temp Engine Spray Paint Graphite, Silver, Black, Red Withstands temperatures up 650 deg C	400ml Ideal for engine blocks, heads, Exhaust, Cam covers etc	7.65	
Exhaust Parts	<u>NOTES</u>	Exhaust Parts	

Janspeed Fast Road / Clubman Spec Exhaust Manifold	Mild Steel	229.50	
Janspeed Competition Grp A Exhaust Manifold	Mild Steel	275.00	
Janspeed Competition Grp A Exhaust Manifold	Stainless Steel	517.80	
Genuine Nissan Exhaust Manifold Gaskets		8.60 each Will need 2	
Modified Standard Exhaust Manifold		90.00	
Janspeed Competition Replacement Front Pipes	Mild Steel	81.87	
Janspeed Cat Replacement Silencer Competition De Cat	Mild Steel	From 75.05	
Janspeed competition Sports Cat		291.10	
Genuine Nissan Centre Cat Gaskets		10.69 each	



Janspeed Fast Road Cat back System	Mild Steel	199.00	
Janspeed Competition Cat back systems Grp N or A Can also be used on a road car	Competition Stainless Steel System Specially developed for the Micra	From 205.08	
Inferno Exhaust Wrap 2000F	2" x 25'	44.40	
Std Exhaust Wrap 1200F	1" x 25'	15.18	
Comp Exhaust Mounting	20621RR230	8.50	
Wheels		Wheels	<u>NOTES</u>
Original NME Micra Challenge Wheels White RFX Revolution 13 x 5.5 Alloy Wheels. Perfect for Gravel Rallies		85.00 Buy 4 Get One FREE (Does not include tyre)	
Revolution 13 x 5.5" Alloy Wheels In White This is the perfect wheel for the Junior F1000 Rally cars Tarmac & Single Venue Rallies		85.00 Buy 4 Get One FREE	

New Speedline Competition Wheels	14" Comp 2 2108	From 105.00	
New Speedline Competition Wheels	15" 2118	From 110.00	
New Speedline Competition Wheels	Turini 15" Alloys 2021	From 115.00	
Wheel Nuts Closed ends 19mm Head or 21mm Head 60Deg taper	M12x1.25	1.50 each Steel	
Light weight Alloy Wheel Nuts 19mm head	M12x1.25	40.00 per 20 Or 2.25 each	
Longer wheel studs		3.85 each	
Brakes		Brakes	<u>NOTES</u>
Castrol SRF Racing brake Fluid	1.0 Ltr	29.95	Special offer while stocks last
Large Bore Master Cylinder Direct Replacement Of Standard Cylinder	Standard cylinder 19.05mm	150.60	Large bore cylinder 23.81mm

Competition steel braided brake hose kit		59.58	Replaces std flexi brake hoses
Mintex Front Pads Std Callipers M1144 M1155	MDB1623M1144 MDB1623M1155	43.30 98.19	K11 MODEL
Mintex Rear Pads Std Callipers M1144 M1155	MDB1569M1144 MDB1569M1155	82.60 97.11	K11 MODEL
Mintex Front Pads 100NX Grp A M1144 M1155	MDB1502M1144 MDB1502M1155	89.60 94.40	As used on NME Works Micra's Fits Micra with 13" wheels
Mintex Front Pads GTI-R Up Grade M1144 M1155	MDB1500M1144 MDB1500M1155	67.31 96.15	Nissan Sunny GTI-R Fits Micra with 14" wheels
Mintex R/Pads M1144 M1155		104.84 104.84	Nissan Sunny GTI-R
K11Std Front Discs	40206 5F003	26.40 each	
K11Std Front Discs Vented		34.90 each	Can only be used with calliper 41001 1F501 4011 1F501
K11 Std Front Discs Grooved		54.60 each	
K11 Std Rear Discs	43206 5F001	32.53 each	

K11 Std Rear Discs Grooved		65.00 each	
100 NX Std Front Disc Vented		39.83 each	
100NX Front Disc Grooved / Vented		71.01 each	
Sunny GTI-R Std Front Disc	40206 54C01	39.83 each	Needs reducing in dia. by 3mm to fit Micra
Sunny GTI-R Front Disc Grooved		82.35 each	Needs reducing in dia. by 3mm to fit Micra
Std K11 Callipers for vented discs	41001 1F501 41011 1F501	156.13 each	Takes Std K11 pads
Nissan 100NX Callipers	41001-60Y02 41011-60Y02	237.11 each	For 13" wheels
Nissan Sunny Gti-R Callipers New	N41001 0N601 N4101 1N601	From 246.94 each	Fits 14" Wheels
Ap 4 Pot Callipers	Fits Under 14" Comp 2 Wheels	272.86 each	
Ap Vented & Grooved Discs		126.63 each	
Mounting Bells For Discs		101.56 each	
Fixing Bolts For Bells		14.57 per kit (6)	

HOL Front Calliper Mounting Brackets		104.00 each	
Mintex M1144 Pads For Ap Callipers		69.37 M1144 90.85 M1155	
E-TECH Red Caliper Paint		16.16	
K11 Std Rear Callipers	44001 99B02 4401199B02	127.49 each	
Brackets to convert drum brake axle to Disc Brakes		29.79 a pair	
K11 Rear disc Hand Brake Cables	36530 4F400 36531 4F400	55.00 53.21	O/S N/S
Rear disc conversion kit. Converts drum brakes to discs. All new parts.	Will need to order brake pipes Separately	POA All parts sold seperately	
Gear Box – Clutches		Gear Box -Clutches	<u>NOTES</u>
Helix Competition Centre Plates (Pad Type)	180mm rated 170- 180 lb/ft torque max	160.06	

Up Rated Pressure Plate & Bearing	270Kg clamping force	104.05	
Helix 200mm Uprated Clutch		Cover 171.20 Plate 119.74	Flywheel Will Need Modifying Uses Std Release Bearing
Helix 200mm Racing Clutch Assembly	Cover Plate Bearing	403.15 81.33 23.79	
Kit Car Micra Drive Shafts		240.50 each	Long Shaft Shaft only
Kit Car Micra Drive shaft		204.95 each	Short Shaft Shaft only
Micra Standard Driveshaft's Complete	New	139.92 Short Shaft 149.92 Long Shaft	
Micra CV Boots Inner Outer		30.53 37.49	
Micra Dog Box Gear Kits	Ratio's 1st 3.08 37/12 2nd 2.28 32/14 3rd 1.75 28/16 4th 1.42 27/19 5th 1.23 26/21 Final drive 3.85 Or 4.35 50/13 61/14	From 2565.00	
Bearing set for above	Gear Box Rebuild service available. Ask for details.	P.O.A.	

Complete Gear Box Built with New Gears, Diff and bearings, modified and ready to go.		P.O.A.	Not Exchange
Gripper LSD Diffs		625.00	
New Lower Ratio Crown Wheel & Pinion For Std 1.3 & late 1.0 Gear Box (not for the coil pack eng)	5.15:1 Ratio	572.00	
Fitting Service For any of the above along with gear box repairs. Please ask for details.		P.O.A.	
NEW Quick Shift Gear Lever & Boot		80.00	
Body - Protection		Body - Protection	<u>NOTES</u>
Roll Cages Safety Devices Non FIA Homologated MSA Approved		533.50	Single rear diagonal and door bars
Safety Devices FIA Homologated Roll Cage		697.32	
Kevlar Under Body Protection ½ Length		250.00 a pair	

Kevlar Under Body Protection Full Length		400.00 a pair New	
Polycarbonate window Kits Includes door windows with sliders side windows & tail gate window		448.75	
Nismo Style Front Lower Splitters		120.00	
GPR Flared Arch Kits Basic kits	Ring for details	208.00 GRP 390.00 Carbon	
GPR Arch Kits Basic kits	Ring for details	From 225.00	
Micra Kit Car Bonnet Vents		50.00 a Pair	
Small Wide Arch kits Ring for details	Front Bumper 2 x Wings Small ¼ arches Rear Bumper	672.00	

Kit Car Micra Wide Arch Body Kits.	Fibre Glass/ Kevlar Complete Kits or part of kit	From 1120.50	
Micra Rear Spoilers		GRP 125.00	
Carbon Bonnets GRP Bonnets GRP Tail Gates		POA 162.00 162.00	
Kevlar Fuel Tank Guard NME Spec		195.00	
Sill Guards		299.00 Pair	
SPARCO Wiper Blades	SPTX-AWB18 SPTX-AWB20	7.43 8.06	
SPARCO Mud flap Material	Blue	12.40 Pair	
Rear axle Strengthen Kit		28.50	
Heated Front Windscreen		219.70	
Polycarbonate Window Kits with Sliders	Includes rear window	From 433.75	

Polycarbonate Window Kits with Sliders	Thermoformed all windows Scratch Resistant	743.63	
GRP Bonnet Pods 4 Lamps 2 Lamps MK1 & MK2 Bonnets	No lamps	115.00 121.50	
PIAA 80 Pro Works Lamps PA8101 Drive PA8103 Spot 80 Pro Works Mounting Kit Platinum Comp H3 Bulb		49.00 each 29.48 each 29.26 each	
PIAA Extreme White Plus Bulbs Turns average 55w into 110w	H4 H3 H1 H7	51.43 Pair 44.83 Pair 44.83 Pair 47.95 Pair	
PIAA Sports Horn Dual Tone 500 / 600 Hz		30.05	
Kevlar Sump Guard Guard Only		395.00	
NME Spec Micra Challenge Alloy Sump Guard		From 225.00 5mm	
Sump Guard Front Chassis reinforcing and mounting kit		75.00	
Rear Sump guard mounting bracket		70.00	

NME Spec Drivers Foot Rest	GRP	57.50	
Navigators Foot Rest With built in holder for Fire Extinguisher Not included		95.00	
Front Bumper splitters commonly used to modify cars		13.72 18.77	Ibiza Leon Cupra R
Miscellaneous items		Miscellaneous items	<u>NOTES</u>
Emergency Glass break & Seat belt cutting Tool		14.69	
Rally Car First Aid Kit		16.19	
Rally Car Warning Triangle		12.73	
Rear axle Strengthen Kit		30.00	
Wide Track Rear Axle	Exchange Or Outright Purchase	500.00 600.00	
Morris Oils		Morris Oils	<u>NOTES</u>
MULTILIFE Competition 10W/50 Motorsport Oil	5 Ltrs 1 Ltr	49.75 9.95	Developed to withstand the punishment of motorsport
LODEXOL XFS	5 Litres	54.80	Recommend for the

Fully Synthetic Limited Slip Diff Oil	1.0 Litre	11.85	Gripper Diffs
Second hand parts		Second hand parts	Price includes VAT

Second Hand Tools

1 x Standard Power ½ drive 19.2v Cordless Impact Wrenches
SP-B19, Plus batteries and chargers. **£75.00**

For information and prices on any of the above items please ring
Matthew Humphris on **01865 748000** (work any time up to 6.00pm)
Or

Mobile **07778 838927**.

Email matthew@humphrisoxford.co.uk (work) Best one to use.
or matthew.humphris@btinternet.com (home email)